



Cudal Public School News

† Toogong Street, Cudal NSW 2864 ☎ 6364 2101

cudal-p.school@det.nsw.edu.au Web: www.cudal-p.schools.nsw.gov.au

7/3/25

Term 1 Week 6

Welcome to Our New SRC Members!

We are excited to announce the new members of our Student Representative Council for this year! Each student was selected to represent the voices of our student body, decision making and ways for students assist in ways for students to participate in and enjoy school life.

Meet Our New SRC Members:

- Rosie Croker - Kindergarten
- Sophie Green - Year 1
- Sylas Duffy - Year 2
- Celeste Frecklington - Year 3
- Lacey Croker - Year 4
- Cody Adams - Vice President
- Ariana Cromie - President

What to Expect:

As SRC members, they will have the opportunity to:

- Engage with fellow students and gather feedback on school initiatives.
- Participate in decision-making processes that impact our school environment.
- Organise events and activities that promote school spirit and community involvement.

We are thrilled to have you on board and can't wait to see the positive changes you will bring!



Rosie Croker, Sophie Green, Sylas Duffy, Celeste Frecklington, Lacey Croker, Cody Adams & Ariana Cromie



OSSA White Athletics Carnival and High/Long Jump Day

All students K-6 have been preparing this term for a day of sports at the Orange Small Schools [OSSA] White Group Athletics Carnival, coming up on **Wednesday 26th March**. This event brings together students from various small schools to compete in track, field and tabloids events. Participants will have the chance to showcase their skills, build friendships, and enjoy the friendly competition. Everyone is encouraged to join in, whether as a competitor or a supporter, and make lasting memories.

We will be holding a high & long jump day on **Friday 21st March** for juniors to seniors in both of these events to seek qualifications for the OSSA carnival. Cargo school will be joining us for this day. Family members are invited to come along and watch the students. A timetable will be released shortly on school bytes.

For the sub junior (5/6/7 yrs) students who don't compete in field events at the OSSA carnival, Mrs Duguid and Mrs Shepherd will be recording "finals" scores for shot put, discus, long jump and high jump during their Sport and PE times, while completing the relevant Little A's lessons.

ATTENTION Community Members: P&C AGM

We need your support now more than ever! Our recent Parent and Citizen Association (P&C) Annual General Meeting (AGM) was postponed, and if we do not hold it soon, we risk losing our committee. The P&C is essential in supporting our school, students, and teachers, and we cannot do this without your involvement.

Why Attend the AGM?

- 1.Support Our School:** The P&C plays a vital role in fundraising and organising events that enrich our students' educational experiences. Your participation helps ensure that we can continue these important activities, and raise and allocate funds for equipment and events requested by your children.
- 2.Have Your Say:** This meeting is a great opportunity for you to voice your ideas and concerns regarding our school community. We want to hear from you! Your input can help shape the future direction of our P&C and the initiatives we undertake.
- 3.Meet Other Parents and Community Members:** The AGM is a fantastic way to connect with other parents and community members who share your passion for our school. Building relationships within our community strengthens our support network for our children.
- 4.Learn More About the P&C:** If you're new to our school or haven't been involved before, attending the AGM is a perfect introduction to what the P&C does. You'll learn about our past achievements (COLA Blinds, Table Tennis, Football goal posts, Excursion subsidies and more) and our goals for the future.
- 5.Help Keep the Committee Strong:** Without enough members, our P&C may have to fold, which would mean losing a crucial voice for parents and the community in school matters. Your attendance can help us maintain a strong and effective committee, able to raise and allocate funds for equipment and events requested by your children.

Please mark your calendars for the rescheduled AGM date: Tuesday 18th March, 3:30pm.

Together, we can make a difference in our school community and ensure a brighter future for our children. We look forward to seeing you there and working together for the benefit of our students.

Thank you for your support!



Care for the School

Weeks 4-5 saw us focus on caring for the school. We announced the rule theme in Monday morning assembly and teachers worked with students to look at what caring for the school means, including practical examples. This led to:

- * Increased awareness among students about the importance of caring for their school.
- * Improved cleanliness and maintenance of school grounds, classrooms, and equipment.
- * Enhanced sense of community and teamwork among students.
- * Development of lifelong habits of respect and care for shared spaces.

This rule focus not only teaches students about responsibility but also empowers them to contribute positively to their school environment, fostering a sense of belonging and pride in their community.



Students of the Week



Well done to Ilah (K/1), Lenny (2/3) and Paddy (4/5/6) for being our first Students of the Week for 2025.

- * Ilah cared for the equipment in the K-2 Nature Area.
- * Lenny helped keep the classroom neat and tidy and helped with pushing in her classmates' chairs.
- * Paddy cares for the school in many ways; raising the flags, clearing equipment and helping in the classroom.

Current focus: Care for ourselves and others

Caring for ourselves means prioritising our well-being, practicing good hygiene, and making healthy choices. It's about ensuring we are physically and emotionally ready to learn and grow.

Caring for others involves showing kindness, yindyamarra, and empathy. We encourage students to support their classmates, celebrate each other's achievements, and stand against bullying. Small acts of kindness can make a big difference in our school community.

Heart Foundation Hot Tip for caring for ourselves

Active kids have improved concentration, better self-confidence and stronger muscles and bones. Plan active family time, for example:

- * Play together as a family. Join your kids on a bike ride, play hide-and-seek, or play cricket with them.
- * Get the kids involved in the garden. They'll stay active digging, weeding and planting.

MORE: <https://www.heartfoundation.org.au/healthy-living/physical-activity/active-families>



Orange Small Schools Swimming Carnival

Cudal school had 13 students participating at the OSSA Swimming carnival in Orange on Monday 10th February. It was a fantastic day of competitive swimming with our fellow Orange small schools, with every student from Cudal giving their best.

Congratulations to Celeste Frecklington, Ted Green, Tilly Hallahan, Ariana Cromie, Archie Spratt, Jack Thomas & Paddy Gordon who due to their results at OSSA went onto swim at the PSSA District carnival on 27th February.



Ted & Lincoln at OSSA



Paddy at OSSA



Ariana at OSSA

Orange District PSSA Swimming Carnival

Well done to Celeste, Tilly, Ariana, Archie, Jack Thomas & Paddy on your hard earned efforts at the Orange District PSSA carnival. You all had exceptional swims with PB's recorded. Fantastic efforts, we are very proud of you. Thank you to Sandra Spratt for acting Team Manager for the day, looking after the students to ensure they got to their events.



District PSSA Representatives

Back L to R:

Celeste, Ariana, Tilly

Front L to R:

Jack, Archie, Patrick



Yr 2-6 Swimming for Sport

Next Monday 10th March will be the last day of swimming for sport for the Year 2-6 students.

They have been making a splash in their swimming this term, working incredibly hard on improving their strokes and getting fitter in the pool. It's been great to see the dedication and progress of each student as they develop their swimming skills.

Keep up the amazing work, everyone!

Mrs Duguid - Teacher



K/1/2 MONDAY Sport

Whilst the rest of the school have been swimming on a Monday afternoon, K/1 have been practising their fundamental movement skills. The students have learned how to position their bodies for faster running, including the proper foot movement, maintaining a straight back, and moving their arms correctly. Alongside this, students have practised both underhand and overhand throwing techniques to throw for distance or to hit a target. This will assist them with shotput and discus throwing. Students have also shown off their dance moves during warm-ups and cool-downs.

Mrs Lockery - Teacher



OSSA White Cricket team members

Four Cudal students will be team members with students from Cargo, Manildra, Borenore & Spring Terrace to form an OSSA White team to compete in the PSSA cricket knockout. Paddy, Jack, Archie & Cody will be playing Calare PS on Tuesday 11 March in the second round of PSSA Boys Western Knockout Competition (the first round was a bye). This is a knockout competition, therefore if they are successful in this game they will progress to round 3, with opponent and dates to be advised. Best of luck boys!



L to R:

Paddy Gordon, Jack Thomas, Archie Spratt and Cody Adams

LET'S CLEAN UP

2025

AUSTRALIA



SCHOOLS CLEAN UP DAY

Since 1992, schools across Australia have got stuck in and made a real difference to their environment and local communities through participating in a Schools Clean Up.

Well done to Cudal students for their involvement in Schools Clean Up today. They walked around the nearby streets in their peer groups along with a staff member, picking up rubbish.

Thank you to Mrs Lockery for co-ordinating the day.





**Cudal Public
School**

**Provided by
Cabonne
Children's
Services**



School Terms. Mon-Fri from 3pm to 6pm
Vacation Care. Mon-Fri from 7 am to 6pm

- ✓ Safe and Secure Environment
- ✓ Afternoon Tea provided
- ✓ Engaging Activities

Vacancies Available, including Casual Days

**All children must be enrolled through Cabonne
OOSH to attend. Contact details below.**

phone: 63923291

email: oosh@cabonne.nsw.gov.au



		2025 - Term 1
Wk 6	Fri 7 Mar	Schools Clean Up Day
	Fri 7 Mar	Assembly @ 2:30pm. Yr 2/3 class item
Wk 7	Mon 10 Mar	Last day of Yr 2-6 Swimming for Sport
	Tue 11 Mar	OSSA White Cricket match
	Wed 12 Mar	NAPLAN Writing Years 3 & 5
	Thu 13 Mar	NAPLAN Reading & Conventions of Language Years 3 & 5
	Fri 14 Mar	NAPLAN Numeracy Years 3 & 5
Wk 8	Wed 19 Mar	Yr 2-6 History Incursion with Cargo PS visiting
	Fri 21 Mar	Juniors to Seniors - OSSA White High & Jump qualifications day
Wk 9	Wed 26 Mar	OSSA White Athletics carnival in Orange
Wk 10	Tue 1 Apr	Yr 4/5/6 Incursion - Different on the Outside, Same on the Inside
	Fri 4 Apr	Easter hat parade & Easter egg hunt
	Fri 4 Apr	Assembly @ 2:30pm. K/1 class item
Wk 11	Tue 8 Apr	Yr 4/5/6 Incursion - Different on the Outside, Same on the Inside
	Fri 11 Apr	LAST DAY OF TERM 1
		Term 2
Wk 1	Mon/Tu 28/29	Staff Development Days
	Wed 30 Apr	All Students return for Term 2
	Wed 30 Apr	School ANZAC service
	Fri 2 May	OSSA Cross Country carnival - Cudal
Wk 3	Mon 12 May	Yr 6 GRIP leadership day at Dubbo
	Fri 16 May	PSSA District Athletics - Orange
Wk 4	Mon 19 May	PSSA District Cross Country - Orange
	Wed 21 May	Life Education Van visit
Wk 5	Mon-Thu 26-29	CWA Public Speaking
Wk 7	Mon 9 Jun	PUBLIC HOLIDAY (king's birthday)
	Wed 11 Jun	Western Cross Country

